

Filtering

Taking only a few minutes, filtering is quick and easy.

Pills contain ingredients like chalk and hypromellose. Injecting these will damage your veins and organs. Correctly filtering will remove harmful inactive particles.

Equipment needed

- 1 x wheel filter
- 3 x syringes
- 1 x large bore needle
- 1 x small bore needle for injecting

Hint! Flow must only go one way through a filter – so in these instructions water is always being pushed through the filter!

1 Prime your filter

1. You first need to prime your wheel filter. This will make it easier for your mix to go through the filter.
2. Before attaching a filter draw up around 2ml of water into a syringe
3. Attach your filter (make sure you have screwed it on securely)
4. Gently push the all the water through
5. Your filter is now primed and ready to go!
6. Set aside your filter

2 Crush fine for quick absorption

The finer the mix the quicker it will dissolve in water

3 Water well with cold sterile water

If you do not have any sterile water you can use water that has been boiled and left to cool. It is important to let the water cool as hot water can release binding agents into the mix and make it go gummy clogging your filter.

4 Mix well

Make sure you also give your mix some time to dissolve.

5 Filter through cotton wool or cigarette filter first

- Use the cigarette filter supplied by your NSP or some cotton wool as the first filter. This will filter out any large particles.
- Using a syringe without a tip draw the mix up.

6 Place primed filter onto the barrel with the mix

- You will now have a syringe with a murky mix. These small particles can get caught in your lungs and capillaries
- This will cause the surrounding area to die off.
- To stop this we now attach a wheel filter to the syringe.

7 Attach a large bore needle

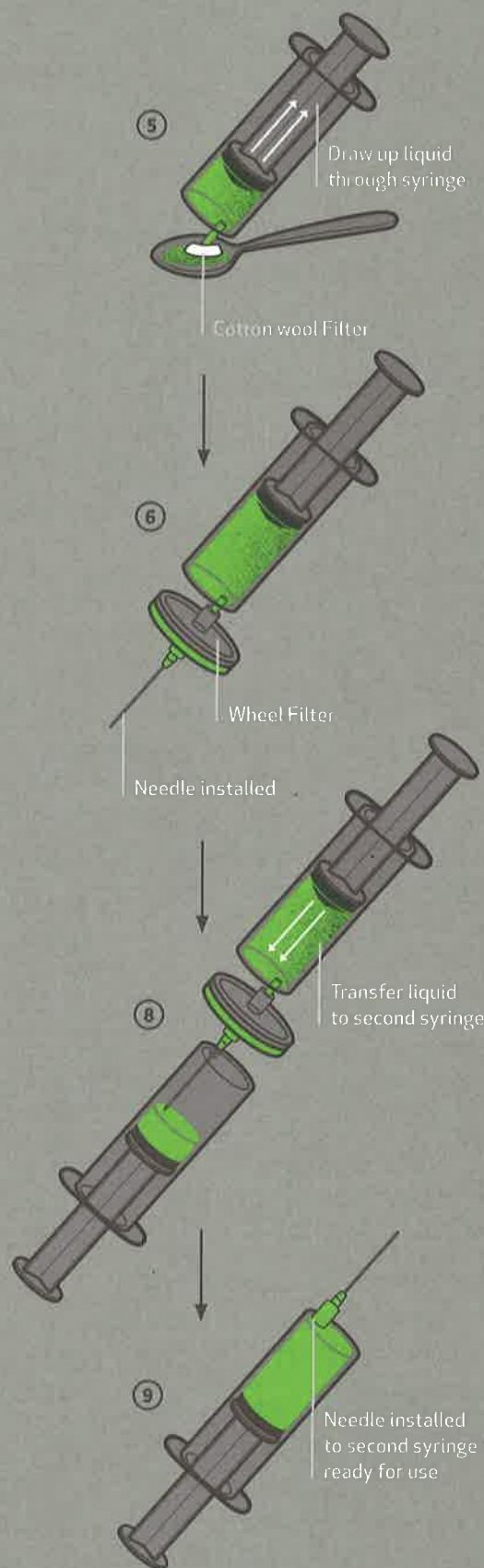
Now attach a large bore needle to the filter – this will be used to make the next stage easier.

8 Slowly fill a sterile barrel

Open up a sterile syringe and insert the needle through the tip of the new barrel. Slowly push the mix through into the new barrel.

9 Now fix a needle to the newly filled barrel.

You now have a mix correctly filtered!



VEIN CARE

MAINTAIN YOUR VEINS

For further information call ADIS 1800 177 833